

西洋少林流空手道古武道

ADULT & FAMILY TRADITIONAL KARATE & KOBUDO

Walk through the door of our Traditional dojo in Mesa at 60 W. Baseline Road. Examine our décor; our shomen (front wall) our kamidana (place of honor). Yes, English is spoken, but you will hear also Japanese.

Train in Traditional Okinawan Arts described by Mr. Miyagi in the KARATE KID (Shorin-Ryu Karate, Kobudo, Self-Defense & Samurai Arts). We offer Adult & Family classes as well as clinics. Take all of our classes for one low price.

TUESDAYS

Karate Basics & Forms (6:45-7:45 pm)
Advanced Kata (forms) (7:50-8:20 pm)

WEDNESDAYS

Karate & Kobudo (3-4 pm)
Self-Defense (6:45-7:45 pm)
Samurai Arts (7:50-8:20 pm)

THURSDAYS

Kobudo (Ancient Weapons) (6:45-7:45 pm)
Advanced Kobudo (7:50-8:20 pm)

Classes taught by the

- (1) 2001 North American Black Belt Hall of Fame International*
- (2) 2004 American Karate Association Hall of Fame Instructor of the Year*
- (3) 2000, 2002, 2003, 2004 & 2005 Grandmaster of the Year*

For more information, call: 480-294-1001

& check out our websites at:

<http://ArizonaKarate.webs.com>

and <http://Seiyo-ShorinRyu.com>



The purpose of Karate Lies not in defeat or victory, but in the perfection of its participants.